

2024 Prairie Conference Championship - 5/15/2024

Clemens Stadium

Results

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 St. John's Prep		9:59.70 8
1) Duffy, Margaret 9	2) Ruzanic, Claudia 8	
3) Ruzanic, Louise 11	4) Pauly, Sofia 9	
2:26.585 (2:26.585)	4:53.750 (2:27.165)	7:30.478 (2:36.728)
9:59.700 (2:29.223)		
2 Browerville		10:44.83 6
1) Biegler, Emily 8	2) Lais, Quinn 8	
3) Winter, Emily 11	4) Wendel, Madison 11	
2:42.850 (2:42.850)	5:25.418 (2:42.568)	8:06.175 (2:40.758)
10:44.828 (2:38.653)		
3 Long Prairie		10:57.28 4
1) Ahedo, Giselle 9	2) Albers, Maddie 10	
3) Machado, Luiza 12	4) Warner, Katlyn 8	
2:41.340 (2:41.340)	5:31.103 (2:49.763)	8:21.118 (2:50.015)
10:57.280 (2:36.163)		
4 Osakis		11:05.95 2
1) Helwig, Abbi 8	2) Boyer, Ally 9	
3) Albert, Natalie 9	4) Olschlager, Adelynn 7	
2:40.528 (2:40.528)	5:24.523 (2:43.995)	8:18.173 (2:53.650)
11:05.948 (2:47.775)		
5 Upsala/Swanville		11:55.68
1) Brever, Lexis 7	2) Arvig, Lynn 9	
3) Guthrie, Suzette 7	4) Aleckson, Evelyn 11	
2:42.138 (2:42.138)	5:35.885 (2:53.748)	8:46.955 (3:11.070)
11:55.680 (3:08.725)		

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 St. John's Prep		8:58.22 8
1) Vix, Will 10	2) McIntyre, Lane 10	
3) Suo, Benjamin 11	4) Ruesink, Aaron 12	
2:05.044 (2:05.044)		
2 Upsala/Swanville		9:09.24 6
1) Guthrie, Quinn 9	2) Guthrie, Nicholas 11	
3) Mack, Brayden 11	4) Jensen, Jimmy 11	
2:15.829 (2:15.829)		
3 Osakis		10:00.06 4
1) Christner, Jaxon 9	2) Ries, Levi 10	
3) Johanson, Chase 9	4) Taplin, Jacob 12	
2:15.414 (2:15.414)		
4 Long Prairie		10:53.86 2
1) Schultz, Blake 11	2) Bitz, Gideon 8	
3) Garcia, Jorge 9	4) Schultz, Caden 9	

Event 3 Girls 100 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Kraska, Kylie	9	Long Prairie	16.89 8
2 Perish, Ashley	11	Browerville	17.20 6
3 Bitz, Lizzie	12	Long Prairie	18.01 4
4 Schwope, Harlie	8	Osakis	18.05 2

5 Young, Alyssa	12	Upsala/Swanv	18.25 1
6 Arvig, Claire	12	Upsala/Swanv	19.64
7 Lusty, Jaylyn	7	Osakis	20.00
8 Beach, Mary	7	Osakis	21.75
9 Elke, Gabby	9	Browerville	22.44
10 Hofer, Grace	9	St. John's P	22.83
11 Berscheit, Amanda	12	Long Prairie	22.88

Event 4 Boys 110 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Jones, Andrew	10	Osakis	17.14 8
2 Gustafson, Bryler	11	Osakis	18.40 6
3 Figallo, Rainer	12	St. John's P	18.61 4
4 Ludvigson, Aiden	8	Long Prairie	19.34 2
5 Anderson, Nathan	11	Long Prairie	20.71 1
6 Elke, Domanic	11	Browerville	21.02

Event 5 Girls 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Perish, Brooke	8	Browerville	13.44 8
2 Kraska, Kylie	9	Long Prairie	13.49 6
3 Tschida, Madison	12	Upsala/Swanv	13.68 4
4 Kendall, Kiana	12	Osakis	13.79 2
5 Walker, Kaelyn	10	Osakis	13.88 1
6 Thompson, Richelle	8	Upsala/Swanv	13.95
7 Perish, Ashley	11	Browerville	14.00
8 Perish, Claire	8	Browerville	14.00
9 Doiron, Sophia	7	Osakis	14.18
10 Young, Alyssa	12	Upsala/Swanv	14.32
11 Douvier, Regan	8	St. John's P	14.51
12 Hinson, Iva	10	Long Prairie	14.67
13 Bosl, Morgan	10	Long Prairie	15.84
14 Bolton, Amanda	11	St. John's P	15.95
15 Martin-Chaffee, Oliva	9	St. John's P	16.29

Event 6 Boys 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Buehrer, Henry	12	St. John's P	11.37 8
2 Bitz, Nathan	10	Long Prairie	11.82 6
3 Gustafson, Brennen	12	Osakis	11.86 4
4 Lien, Keaton	9	Osakis	12.05 2
5 Goodwin, Noah	12	Osakis	12.19 1
6 Bellefeuille, Morgan	12	Upsala/Swanv	13.25
7 Asmus, Sam	10	Browerville	13.37
8 Notermann, Alex	10	Upsala/Swanv	13.44
9 Hintgen, Leo	7	St. John's P	13.59
10 Hidalgo, Josiah	9	Long Prairie	14.42
11 Rivera, Yamil	9	Long Prairie	14.64

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Results

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Osakis		1:52.41 8
1) Marthaler, Stephy 11	2) Collins, Katie 9	
3) Walker, Hailey 12	4) Roering, Addison 9	
2 Long Prairie		1:53.91 6
1) Otremba, Isabelle 11	2) Albers, Maddie 10	
3) Abraham, Halle 11	4) Perez, Mializ 7	
3 Browerville		2:00.74 4
1) Lais, Quinn 8	2) Asmus, Emma 7	
3) Perish, Claire 8	4) Elke, Gabby 9	
4 St. John's Prep		2:00.90 2
1) Whitehead, Grace 12	2) Finan-Thoms, Aoife 9	
3) Douvier, Regan 8	4) Bechtold, Leah 8	
5 Upsala/Swanville		2:03.06
1) McDermond, Corryn 11	2) Proell, Mya 10	
3) Wiechmann, Emily 9	4) Klasen, Olivia 9	

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Osakis		1:39.78 8
1) Ziesmer, Andrew 11	2) Helberg, Kaleb 11	
3) Goodwin, Noah 12	4) VanNyhuis, Trenton 10	
2 Upsala/Swanville		1:42.09 6
1) Mack, Brenden 9	2) Guthrie, Nicholas 11	
3) Guthrie, Caleb 9	4) Jensen, Jimmy 11	
3 St. John's Prep		1:43.51 4
1) Crue, Thomas 9	2) Mamedov, Meylis 9	
3) Lu, PoHuan 12	4) Hintgen, Leo 7	
4 Long Prairie		1:46.99 2
1) Adamek, James 11	2) Larson, Zachary 12	
3) Ninow, Anthony 12	4) Hidalgo, Jacob 10	

Event 9 Girls 1600 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Pauly, Olivia	12	St. John's P	5:04.44 8
1:14.010 (1:14.010)	2:32.763 (1:18.753)	3:49.838 (1:17.075)	
5:04.438 (1:14.600)			
2 Kuehne, Caroline	12	Long Prairie	5:29.71 6
1:16.475 (1:16.475)	2:41.115 (1:24.640)	4:07.288 (1:26.173)	
5:29.703 (1:22.415)			
3 Lenzmeier, Lauren	8	St. John's P	5:48.03 4
1:20.970 (1:20.970)	2:52.005 (1:31.035)	4:24.815 (1:32.810)	
5:48.025 (1:23.210)			
4 Winter, Emily	11	Browerville	5:52.36 2
1:21.330 (1:21.330)	2:52.463 (1:31.133)	4:25.148 (1:32.685)	
5:52.358 (1:27.210)			
5 Brever, Lexis	7	Upsala/Swanv	5:58.60 1
1:21.808 (1:21.808)	2:51.903 (1:30.095)	4:27.918 (1:36.015)	
5:58.600 (1:30.683)			

6 Bechtold, Sylvie	11	St. John's P	6:14.34
1:26.285 (1:26.285)	3:04.225 (1:37.940)	4:40.923 (1:36.698)	
6:14.338 (1:33.415)			
7 Young, Ellianna	9	Long Prairie	6:34.40
1:32.400 (1:32.400)	3:13.808 (1:41.408)	5:05.560 (1:51.753)	
6:34.400 (1:28.840)			
8 Ruegemer, Anne Marie	8	Osakis	6:36.83
1:31.505 (1:31.505)	3:13.635 (1:42.130)	5:01.818 (1:48.183)	
6:36.830 (1:35.013)			
9 Pastian, Dakotah	7	Osakis	6:50.04
1:33.473 (1:33.473)	3:20.813 (1:47.340)	5:09.920 (1:49.108)	
6:50.040 (1:40.120)			
10 Guthrie, Suzette	7	Upsala/Swanv	7:11.45
1:35.703 (1:35.703)	3:27.080 (1:51.378)	5:19.748 (1:52.668)	
7:11.450 (1:51.703)			
11 Baker, Morgan	11	Osakis	8:21.33
1:39.088 (1:39.088)	3:46.028 (2:06.940)	6:07.413 (2:21.385)	
8:21.330 (2:13.918)			

Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Hansen, Nick	12	St. John's P	5:03.37 8
1:21.891 (1:21.891)	2:43.376 (1:21.485)	3:57.534 (1:14.158)	
5:03.364 (1:05.830)			
2 Vix, Will	10	St. John's P	5:03.51 6
1:22.971 (1:22.971)	2:43.644 (1:20.673)	3:57.906 (1:14.263)	
5:03.501 (1:05.595)			
3 Meyer, Zach	12	St. John's P	5:03.77 4
1:22.346 (1:22.346)	2:43.089 (1:20.743)	3:57.264 (1:14.175)	
5:03.761 (1:06.498)			
4 Tschida, Matthew	9	Upsala/Swanv	5:05.71 2
1:21.419 (1:21.419)	2:43.081 (1:21.663)	3:57.849 (1:14.768)	
5:05.709 (1:07.860)			
5 Mack, Brayden	11	Upsala/Swanv	5:23.98 1
1:23.609 (1:23.609)	2:45.689 (1:22.080)	4:08.581 (1:22.893)	
5:23.979 (1:15.398)			
6 Stormoen, Alex	11	Browerville	5:42.44
1:24.346 (1:24.346)	2:48.791 (1:24.445)	4:16.826 (1:28.035)	
5:42.439 (1:25.613)			
7 Young, Ethan	8	Upsala/Swanv	6:10.75
1:29.314 (1:29.314)	3:08.516 (1:39.203)	4:46.824 (1:38.308)	
6:10.744 (1:23.920)			
8 Rowe, Steven	12	Browerville	6:17.27
1:25.886 (1:25.886)	3:03.179 (1:37.293)	4:46.049 (1:42.870)	
6:17.269 (1:31.220)			
9 Steinbeisser, Guy	7	Osakis	6:43.94
1:28.349 (1:28.349)	3:10.146 (1:41.798)	4:56.931 (1:46.785)	
6:43.934 (1:47.003)			
10 Bitz, Gideon	8	Long Prairie	6:51.88
1:32.681 (1:32.681)	3:18.414 (1:45.733)	5:09.474 (1:51.060)	
6:51.871 (1:42.398)			

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## Clemens Stadium

## Results

## Event 11 Girls 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Osakis		54.34 8
1) Schwope, Harlie 8	2) Marthaler, Stephy 11	
3) Walker, Hailey 12	4) Kendall, Kiana 12	
2 Browerville		54.68 6
1) Morgan, Raylynn 8	2) Perish, Claire 8	
3) Perish, Brooke 8	4) Rickbeil, Lucy 8	
3 Long Prairie		57.22 4
1) Bitz, Lizzie 12	2) Quijano, Naomi 11	
3) Bosl, Morgan 10	4) Hinson, Iva 10	
4 St. John's Prep		59.06 2
1) Mamedov, Jessica 10	2) Westling, Izzy 10	
3) Finan-Thoms, Aoife 9	4) Douvier, Regan 8	
5 Upsala/Swanville		1:04.02
1) McDermond, Corryn 11	2) Proell, Mya 10	
3) Wiechmann, Emily 9	4) Mrozek, Bianca 8	

## Event 12 Boys 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Osakis		46.81 8
1) Ziesmer, Andrew 11	2) Goodwin, Noah 12	
3) Helberg, Kaleb 11	4) Lien, Keaton 9	
2 Browerville		49.51 6
1) Alamo, Emmanuel 12	2) Lee, Tyler 11	
3) Elke, Domanic 11	4) Johnson, Tyler 11	
3 Long Prairie		50.53 4
1) Hidalgo, Jacob 10	2) Ninow, Anthony 12	
3) Adamek, James 11	4) Larson, Zachary 12	
4 Upsala/Swanville		51.26 2
1) Mack, Brenden 9	2) Notermann, Alex 10	
3) Bellefeuille, Travis 12	4) Bellefeuille, Morgan 12	
5 St. John's Prep		51.35
1) Sychala, Liam 11	2) Crue, Thomas 9	
3) Hintgen, Leo 7	4) Mamedov, Meylis 9	

## Event 13 Girls 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Duffy, Margaret	9	St. John's P	1:01.76 8
2 Norton, Emma	11	Browerville	1:02.58 6
3 Marxer, Natalie	11	Browerville	1:02.74 4
4 Collins, Katie	9	Osakis	1:05.43 2
5 Thompson, Richelle	8	Upsala/Swanv	1:05.45 1
6 Tschida, Madison	12	Upsala/Swanv	1:05.80
7 Boyer, Ally	9	Osakis	1:05.82
8 Buchanan, Charity	11	Osakis	1:09.10
9 Perez, Mializ	7	Long Prairie	1:11.59
10 Rodriguez-Aviles, Lizzeth	12	St. John's P	1:12.21
11 Wimmer, Abby	9	Upsala/Swanv	1:12.37
12 Martin-Chaffee, Oliva	9	St. John's P	1:17.66
13 Berscheit, Amanda	12	Long Prairie	1:27.46

## Event 14 Boys 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Buehrer, Henry	12	St. John's P	51.94 8
2 Bruder, Zackery	11	Osakis	52.15 6
3 Ruesink, Aaron	12	St. John's P	52.89 4
4 Lu, PoHuan	12	St. John's P	55.16 2
5 Taplin, Jacob	12	Osakis	58.02 1
6 Moore, Micah	11	Osakis	1:00.23
7 Mack, Brogan	7	Upsala/Swanv	1:00.39
8 VanHeel, Noah	7	Upsala/Swanv	1:02.43
9 Bellefeuille, Travis	12	Upsala/Swanv	1:02.53

## Event 15 Girls 300 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Kuehne, Caroline	12	Long Prairie	49.34 8
2 Schwope, Harlie	8	Osakis	50.87 6
3 Bitz, Lizzie	12	Long Prairie	51.70 4
4 Perish, Ashley	11	Browerville	52.39 2
5 Walker, Kaelyn	10	Osakis	52.56 1
6 Arvig, Claire	12	Upsala/Swanv	55.97
7 Whitehead, Grace	12	St. John's P	56.94
8 Young, Addison	9	Long Prairie	57.80
9 Lusty, Jaylyn	7	Osakis	1:00.04
10 Arvig, Lynn	9	Upsala/Swanv	1:00.24
11 Bechtold, Leah	8	St. John's P	1:02.66
12 Hofer, Grace	9	St. John's P	1:09.47

## Event 16 Boys 300 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Jones, Andrew	10	Osakis	41.28 8
2 Bitz, Nathan	10	Long Prairie	41.36 6
3 Gustafson, Brennen	12	Osakis	43.75 4
4 Gustafson, Bryler	11	Osakis	45.90 2
5 Figallo, Rainer	12	St. John's P	46.88 1
6 Ludvigson, Aiden	8	Long Prairie	48.07
7 Anderson, Nathan	11	Long Prairie	50.94

## Event 17 Girls 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Ruzanic, Claudia	8	St. John's P	2:27.09 8
1:16.293 (1:16.293) 2:27.090 (1:10.798)			
2 Marxer, Natalie	11	Browerville	2:31.61 6
1:16.198 (1:16.198) 2:31.603 (1:15.405)			
3 Abraham, Halle	11	Long Prairie	2:31.67 4
1:16.230 (1:16.230) 2:31.665 (1:15.435)			
4 Warner, Katlyn	8	Long Prairie	2:35.10 2
1:17.088 (1:17.088) 2:35.098 (1:18.010)			
5 Helwig, Abbi	8	Osakis	2:42.23 1
1:19.533 (1:19.533) 2:42.230 (1:22.698)			
6 Mahowald, Megan	12	St. John's P	2:43.04
1:20.990 (1:20.990) 2:43.040 (1:22.050)			

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## Results

**Finals ... (Event 17 Girls 800 Meter Run)**

Name	Yr	School	Finals
7 Bechtold, Lucy	8	St. John's P	2:54.66
1:28.643 (1:28.643)	2:54.653 (1:26.010)		
8 Albert, Natalie	9	Osakis	3:01.08
1:29.728 (1:29.728)	3:01.075 (1:31.348)		
9 Brown, Lydia	8	Osakis	3:15.25
1:33.573 (1:33.573)	3:15.245 (1:41.673)		

**Event 18 Boys 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Meyer, Zach	12	St. John's P	2:05.39 8
2 Ruesink, Aaron	12	St. John's P	2:07.24 6
3 Bruder, Zackery	11	Osakis	2:12.37 4
4 Tschida, Matthew	9	Upsala/Swanv	2:13.78 2
5 Christner, Jaxon	9	Osakis	2:14.15 1
6 Stormoen, Alex	11	Browerville	2:22.27
7 Mahowald, Ryan	9	St. John's P	2:27.56
8 Winter, Reed	7	Browerville	2:41.73
9 Navarrete-Ruiz, Diego	12	Osakis	2:51.69

**Event 19 Girls 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Roering, Addison	9	Osakis	27.76 8
2 Perish, Brooke	8	Browerville	28.04 6
3 Kendall, Kiana	12	Osakis	28.54 4
4 Tschida, Madison	12	Upsala/Swanv	28.61 2
5 Walker, Kaelyn	10	Osakis	28.69 1
6 Otremba, Isabelle	11	Long Prairie	28.78
7 Perez, Mializ	7	Long Prairie	28.79
8 Kraska, Kylie	9	Long Prairie	28.85
9 Thompson, Richelle	8	Upsala/Swanv	28.85
10 Norton, Emma	11	Browerville	29.05
11 Finan-Thoms, Aoife	9	St. John's P	30.95
12 Mamedov, Jessica	10	St. John's P	31.10
13 Proell, Mya	10	Upsala/Swanv	31.79
14 Bechtold, Leah	8	St. John's P	32.23
15 Petron, Faith	8	Browerville	32.23

**Event 20 Boys 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Buehrer, Henry	12	St. John's P	23.77 8
2 Bitz, Nathan	10	Long Prairie	23.93 6
3 Guthrie, Joseph	12	Upsala/Swanv	24.18 4
4 Gustafson, Brennen	12	Osakis	24.19 2
5 Lien, Keaton	9	Osakis	24.71 1
6 Jones, Andrew	10	Osakis	24.84
7 Jensen, Jimmy	11	Upsala/Swanv	25.54
8 Mamedov, Meylis	9	St. John's P	26.03
9 Mack, Brenden	9	Upsala/Swanv	27.00
10 Hidalgo, Joseph	9	Long Prairie	28.11
11 Hidalgo, Josiah	9	Long Prairie	29.21

**Event 21 Girls 3200 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ruzanic, Louise	11	St. John's P	12:11.68 8
2 Kuehne, Caroline	12	Long Prairie	12:18.76 6
3 Biegler, Emily	8	Browerville	12:53.06 4
4 Pauly, Sofia	9	St. John's P	13:16.42 2
5 Bechtold, Ellen	8	St. John's P	13:33.32 1
6 Olschlager, Adelynne	7	Osakis	14:01.13
7 Hibbs, Rebecca	9	Long Prairie	14:53.04
8 Aleckson, Evelynn	11	Upsala/Swanv	15:04.35
9 Pastian, Dakotah	7	Osakis	15:39.61

**Event 22 Boys 3200 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hansen, Nick	12	St. John's P	9:50.54 8
2 Suo, Benjamin	11	St. John's P	10:34.08 6
3 Guthrie, Quinn	9	Upsala/Swanv	10:43.57 4
4 McIntyre, Lane	10	St. John's P	11:11.29 2
5 Johanson, Chase	9	Osakis	11:44.91 1
6 Miller, Henry	7	Osakis	11:48.60
7 Garcia, Jorge	9	Long Prairie	13:29.37
8 Schultz, Caden	9	Long Prairie	14:23.03

**Event 23 Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Osakis		4:25.36 8
1) Roering, Addison 9	2) Boyer, Ally 9	
3) Helwig, Abbi 8	4) Collins, Katie 9	
2 Browerville		4:28.05 6
1) Marxer, Natalie 11	2) Winter, Emily 11	
3) Wendel, Madison 11	4) Norton, Emma 11	
3 St. John's Prep		4:34.51 4
1) Duffy, Margaret 9	2) Ruzanic, Claudia 8	
3) Bechtold, Lucy 8	4) Pauly, Olivia 12	
4 Long Prairie		4:36.18 2
1) Abraham, Halle 11	2) Albers, Maddie 10	
3) Machado, Luiza 12	4) Otremba, Isabelle 11	
5 Upsala/Swanville		4:59.04
1) Brever, Lexis 7	2) Arvig, Lynn 9	
3) Wimmer, Abby 9	4) Klasen, Olivia 9	

**Event 24 Boys 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 St. John's Prep		3:43.02 8
1) Vix, Will 10	2) Suo, Benjamin 11	
3) Lu, PoHuan 12	4) Hansen, Nick 12	
2 Osakis		3:46.43 6
1) Gustafson, Bryler 11	2) Taplin, Jacob 12	
3) Christner, Jaxon 9	4) Bruder, Zackery 11	

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Results

**Finals ... (Event 24 Boys 4x400 Meter Relay)**

Team	Relay	Finals
3 Long Prairie		4:00.74 4
1) Hidalgo, Jacob 10	2) Monroy, Juan 10	
3) Ludvigson, Aiden 8	4) Anderson, Nathan 11	
4 Upsala/Swanville		4:01.22 2
1) Bellefeuille, Morgan 12	2) Guthrie, Caleb 9	
3) Tschida, Matthew 9	4) Mack, Brayden 11	

**Event 25 Girls Shot Put**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Mrozek, Genevieve	9	Upsala/Swanv	29-07.25q
2 Morgan, Raylynn	8	Browerville	29-02.00q
3 Kendall, Kiana	12	Osakis	28-09.50q
4 Perish, Ashley	11	Browerville	28-06.50q
5 Marthaler, Lexy	8	Osakis	27-09.00q
6 Walker, Kaelyn	10	Osakis	26-07.00q
7 Wimmer, Abby	9	Upsala/Swanv	26-03.25q
8 Dulka, Bella	7	St. John's P	25-05.50q
9 Mrozek, Bianca	8	Upsala/Swanv	24-10.00
10 Martinson, Lauren	9	St. John's P	22-04.00
11 Chalich, Brianna	10	St. John's P	22-03.00
12 Asmus, Emma	7	Browerville	19-06.00
13 Bitz, Annika	8	Long Prairie	19-01.50
14 Meza, Alejandra	8	Long Prairie	16-11.00
15 Cummins, Baylee	9	Long Prairie	16-04.00

**Event 25 Girls Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Mrozek, Genevieve	9	Upsala/Swanv	29-07.25 8
2 Morgan, Raylynn	8	Browerville	29-02.00 6
3 Kendall, Kiana	12	Osakis	28-09.50 4
4 Perish, Ashley	11	Browerville	28-06.50 2
5 Marthaler, Lexy	8	Osakis	27-09.50 1
6 Walker, Kaelyn	10	Osakis	27-02.00
7 Wimmer, Abby	9	Upsala/Swanv	26-06.50
8 Dulka, Bella	7	St. John's P	25-05.50

**Event 26 Boys Shot Put**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Helberg, Kaleb	11	Osakis	39-05.50q
2 Knox, Caiden	11	Osakis	37-07.00q
3 Stienert, Mikkell	11	Osakis	36-09.00q
4 Johnson, Anthony	10	St. John's P	34-03.00q
5 Wimmer, Ethan	11	Upsala/Swanv	33-09.50q
6 Elke, Domanic	11	Browerville	32-10.00q
7 Heroux, Anthony	11	St. John's P	32-05.00q
8 Garcia, Luis	11	Long Prairie	31-05.00q
9 Adamek, James	11	Long Prairie	30-05.00
10 Rorick, Eli	11	Upsala/Swanv	30-04.50
11 Asmus, Sam	10	Browerville	29-09.00
12 Hintgen, Leo	7	St. John's P	28-00.50
13 Wielenberg, Preston	9	Long Prairie	27-11.00

14 McDaniel, Gabe 8 Browerville 22-11.50

**Event 26 Boys Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Helberg, Kaleb	11	Osakis	40-05.50 8
2 Knox, Caiden	11	Osakis	37-09.00 6
3 Stienert, Mikkell	11	Osakis	36-09.00 4
4 Wimmer, Ethan	11	Upsala/Swanv	36-02.50 2
5 Johnson, Anthony	10	St. John's P	34-03.00 1
6 Elke, Domanic	11	Browerville	34-00.00
7 Garcia, Luis	11	Long Prairie	32-05.50
8 Heroux, Anthony	11	St. John's P	32-05.00

**Event 27 Girls Discus Throw**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Stacey, Julianna	11	Long Prairie	99-00q
2 Morgan, Raylynn	8	Browerville	96-05q
3 Mages, Stephanie	8	Osakis	92-00q
4 Bolton, Amanda	11	St. John's P	85-00q
5 Baker, Erika	8	Osakis	84-00q
6 Kranz, Addison	9	Osakis	77-00q
7 Aleckson, Evelyn	11	Upsala/Swanv	70-11q
8 Martinson, Lauren	9	St. John's P	68-09q
9 Arvig, Lynn	9	Upsala/Swanv	66-09
10 Raeker, Joella	8	St. John's P	66-02
11 Meza, Alejandra	8	Long Prairie	59-09
12 Elke, Gabby	9	Browerville	57-08
13 Quijano, Heidi	9	Long Prairie	52-09
--- Mrozek, Genevieve	9	Upsala/Swanv	FOUL

**Event 27 Girls Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Stacey, Julianna	11	Long Prairie	99-00 8
2 Morgan, Raylynn	8	Browerville	96-05 6
3 Baker, Erika	8	Osakis	92-11 4
4 Mages, Stephanie	8	Osakis	92-00 2
5 Bolton, Amanda	11	St. John's P	87-06 1
6 Kranz, Addison	9	Osakis	80-01
7 Aleckson, Evelyn	11	Upsala/Swanv	71-08
8 Martinson, Lauren	9	St. John's P	68-09

**Event 28 Boys Discus Throw**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Guthrie, Nicholas	11	Upsala/Swanv	145-00q
2 Helberg, Kaleb	11	Osakis	136-08q
3 Ruesink, Aaron	12	St. John's P	119-06q
4 Loverink, Tal	9	Osakis	111-02q
5 Wimmer, Ethan	11	Upsala/Swanv	100-02q
6 Elke, Domanic	11	Browerville	98-02q
7 Lee, Tyler	11	Browerville	94-04q
8 Spsychala, Liam	11	St. John's P	92-05q
9 Winkle, Grant	11	Osakis	90-05

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## Results

**Preliminaries ... (Event 28 Boys Discus Throw)**

Name	Yr	School	Prelims
10 Johnson, Anthony	10	St. John's P	84-06
11 Garcia, Luis	11	Long Prairie	74-09
12 Larson, Zachary	12	Long Prairie	69-02
13 Asmus, Sam	10	Browerville	60-09

**Event 28 Boys Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Guthrie, Nicholas	11	Upsala/Swanv	145-01 8
2 Helberg, Kaleb	11	Osakis	136-08 6
3 Ruesink, Aaron	12	St. John's P	121-05 4
4 Loverink, Tal	9	Osakis	111-02 2
5 Wimmer, Ethan	11	Upsala/Swanv	105-04 1
6 Elke, Domanic	11	Browerville	98-02
7 Lee, Tyler	11	Browerville	94-04
8 Spsychala, Liam	11	St. John's P	92-05

**Event 29 Girls Long Jump**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Perish, Brooke	8	Browerville	15-02.50q
2 Marthaler, Stephy	11	Osakis	15-00.25q
3 Young, Alyssa	12	Upsala/Swanv	14-11.75q
4 Gould, Aliana	8	Osakis	14-10.75q
5 Brown, Aislinn	8	Osakis	14-04.25q
6 Machado, Luiza	12	Long Prairie	14-00.00q
7 Wendel, Madison	11	Browerville	13-06.75q
8 Mrozek, Genevieve	9	Upsala/Swanv	13-06.50q
9 Wiechmann, Emily	9	Upsala/Swanv	13-05.75
10 Westling, Izzy	10	St. John's P	13-03.50
11 Mamedov, Jessica	10	St. John's P	13-03.00
12 Bosl, Morgan	10	Long Prairie	12-10.00
13 Rickbeil, Lucy	8	Browerville	12-03.25
14 Douvier, Regan	8	St. John's P	11-10.50
15 Poisson, Elizabeth	9	Long Prairie	9-06.00

**Event 29 Girls Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Young, Alyssa	12	Upsala/Swanv	15-04.75 8
2 Perish, Brooke	8	Browerville	15-02.50 6
3 Marthaler, Stephy	11	Osakis	15-00.25 4
4 Gould, Aliana	8	Osakis	14-10.75 2
5 Brown, Aislinn	8	Osakis	14-04.75 1
6 Machado, Luiza	12	Long Prairie	14-00.00
7 Mrozek, Genevieve	9	Upsala/Swanv	13-07.75
8 Wendel, Madison	11	Browerville	13-06.75

**Event 30 Boys Long Jump**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Guthrie, Joseph	12	Upsala/Swanv	20-11.50q
2 VanNyhuis, Trenton	10	Osakis	20-09.75q
3 Buehrer, Henry	12	St. John's P	20-08.50q

4 Jones, Andrew	10	Osakis	19-02.00q
5 Gustafson, Brennen	12	Osakis	18-09.50q
6 Ninow, Anthony	12	Long Prairie	18-00.00q
7 Lee, Tyler	11	Browerville	17-11.25q
8 Spsychala, Liam	11	St. John's P	17-10.00q
9 Crue, Thomas	9	St. John's P	17-00.75
10 Guthrie, Caleb	9	Upsala/Swanv	16-10.75
11 Johnson, Tyler	11	Browerville	16-10.00
12 Mack, Brenden	9	Upsala/Swanv	15-03.00
13 Hidalgo, Joseph	9	Long Prairie	13-11.50
14 Hidalgo, Josiah	9	Long Prairie	13-01.00

**Event 30 Boys Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Guthrie, Joseph	12	Upsala/Swanv	21-03.25 8
2 VanNyhuis, Trenton	10	Osakis	21-01.50 6
3 Buehrer, Henry	12	St. John's P	20-10.25 4
4 Jones, Andrew	10	Osakis	19-03.00 2
5 Gustafson, Brennen	12	Osakis	18-09.50 1
6 Lee, Tyler	11	Browerville	18-07.50
7 Ninow, Anthony	12	Long Prairie	18-00.00
8 Spsychala, Liam	11	St. John's P	17-10.00

**Event 31 Girls Triple Jump**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Young, Alyssa	12	Upsala/Swanv	33-08.25q
2 Marxer, Natalie	11	Browerville	32-03.50q
3 Marthaler, Stephy	11	Osakis	31-05.50q
4 Schwope, Harlie	8	Osakis	31-03.50q
5 Otremba, Isabelle	11	Long Prairie	30-06.50q
6 Brown, Aislinn	8	Osakis	30-06.25q
7 Mamedov, Jessica	10	St. John's P	29-05.00q
8 Asmus, Emma	7	Browerville	28-03.00q
9 Bosl, Morgan	10	Long Prairie	27-08.75
10 Winter, Emily	11	Browerville	27-05.50
11 Westling, Izzy	10	St. John's P	26-07.00
12 Rauch, Afton	9	St. John's P	25-09.50

**Event 31 Girls Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Marxer, Natalie	11	Browerville	34-07.50 8
2 Young, Alyssa	12	Upsala/Swanv	33-08.25 6
3 Marthaler, Stephy	11	Osakis	32-08.00 4
4 Otremba, Isabelle	11	Long Prairie	31-09.00 2
5 Schwope, Harlie	8	Osakis	31-05.75 1
6 Brown, Aislinn	8	Osakis	31-01.75
7 Mamedov, Jessica	10	St. John's P	29-05.00
8 Asmus, Emma	7	Browerville	29-03.75

**Event 32 Boys Triple Jump**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 VanNyhuis, Trenton	10	Osakis	43-01.75q

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## Results

**Preliminaries ... (Event 32 Boys Triple Jump)**

Name	Yr	School	Prelims
2 Guthrie, Joseph	12	Upsala/Swanv	40-11.50q
3 Hansen, Nick	12	St. John's P	38-03.75q
4 Spychala, Liam	11	St. John's P	37-10.75q
5 Guthrie, Nicholas	11	Upsala/Swanv	37-08.00q
6 Gustafson, Bryler	11	Osakis	36-04.50q
7 Ninow, Anthony	12	Long Prairie	36-00.00q
8 Guthrie, Quinn	9	Upsala/Swanv	34-02.00q
9 Anderson, Nathan	11	Long Prairie	33-02.50
10 Decock, Ryan	11	Browerville	31-00.50
11 Johanson, Chase	9	Osakis	30-06.50

**Event 32 Boys Triple Jump**

Name	Yr	School	Finals
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**Finals**

1 Guthrie, Joseph	12	Upsala/Swanv	43-03.00	8
2 VanNyhuis, Trenton	10	Osakis	43-01.75	6
3 Hansen, Nick	12	St. John's P	38-03.75	4
4 Spychala, Liam	11	St. John's P	38-02.00	2
5 Guthrie, Nicholas	11	Upsala/Swanv	37-08.00	1
6 Gustafson, Bryler	11	Osakis	36-04.50	
7 Ninow, Anthony	12	Long Prairie	36-00.00	
8 Guthrie, Quinn	9	Upsala/Swanv	35-02.50	

**Event 33 Girls High Jump**

Name	Yr	School	Finals
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**Finals**

1 Norton, Emma	11	Browerville	5-01.00	8
2 Brown, Aislinn	8	Osakis	4-11.00	6
3 Kuehne, Caroline	12	Long Prairie	4-09.00	4
4 Klasen, Olivia	9	Upsala/Swanv	J4-09.00	2
5 Elke, Gabby	9	Browerville	4-07.00	1
6 Lubbers, Emma	8	Osakis	4-05.00	
7 Quijano, Naomi	11	Long Prairie	4-03.00	
7 Morgan, Raylynn	8	Browerville	4-03.00	
9 Young, Addison	9	Long Prairie	J4-03.00	
10 Lusty, Jaylyn	7	Osakis	4-01.00	
--- Arvig, Claire	12	Upsala/Swanv	NH	

**Event 34 Boys High Jump**

Name	Yr	School	Finals
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**Finals**

1 Guthrie, Joseph	12	Upsala/Swanv	6-00.00	8
2 Goodwin, Noah	12	Osakis	5-10.00	6
3 VanNyhuis, Trenton	10	Osakis	J5-10.00	4
4 Johnson, Tyler	11	Browerville	J5-10.00	2
5 Gerads, Lucas	9	Upsala/Swanv	5-08.00	1
6 Decock, Ryan	11	Browerville	J5-08.00	
7 Lee, Tyler	11	Browerville	5-06.00	
8 Guthrie, Caleb	9	Upsala/Swanv	J5-06.00	
--- Rivera, Yamil	9	Long Prairie	NH	

**Women - Team Rankings - 17 Events Scored**

1) Browerville	103
2) Osakis	83
3) Long Prairie-Grey Eagle	78
4) St. John's Prep	56
5) Upsala/Swanville	33

**Men - Team Rankings - 17 Events Scored**

1) Osakis	128
2) St. John's Prep	118
3) Upsala/Swanville	66
4) Long Prairie-Grey Eagle	33
5) Browerville	8